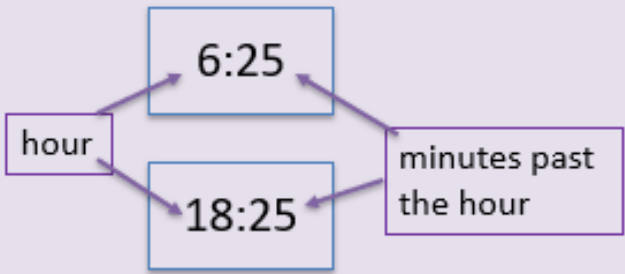
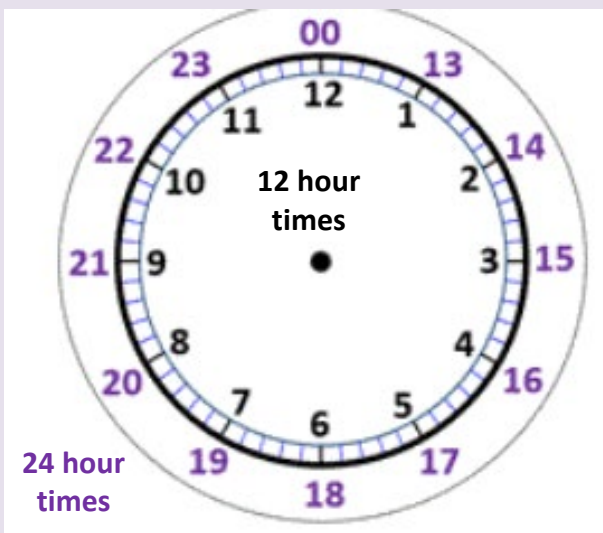


Converting between 12 hour and 24 hour times

Digital Time



To convert **from 12 hour time to 24 hour time**, **add 12** to any hour after noon.
 3:00 pm → 15:00

To convert **from 24 hour time to 12 hour time**, **subtract 12** from any hour greater than 12
 16:30 → 4.30 pm

- 60 seconds = 1 minute
- 60 minutes = 1 hour
- 24 hours = 1 day
- 7 days = 1 week
- 52 weeks = 1 year
- 12 months = 1 year

12 hour time a.m. p.m.
24 hour time – the time in hours and minutes since midnight
midnight – 12:00 am 00:00
midday noon 12:00pm 12:00
analogue clock – has moving hands and numbers 1 to 12
digital clock – has digits showing the hour and minutes

